



Who are Boost?

Boost is a grassroots climate action group in Totton and Eling. We are a voluntary community group, open to all Totton and Eling residents and community members.

How we were founded

In 2023 a small group of local councillors and a few residents worked together to organise a climate change conference in Totton. The Totton Goes Wild Earth Day conference brought residents and community stakeholders together with experts to learn about and discuss climate change's impact on Totton. During the focus groups attendees were asked for ideas as to how we can help Totton and Eling to become more sustainable and resilient. From this a list of ideas and action items were formed, and many people expressed interest in helping to take these ideas forward; these people became the first members of Boost.



Totton Goes Wild 2023			
An event was held at the Totton and Eling Community centre for individual residents, local environment organisations, councillors, local government officers etc. The event was to look at some of the issues facing Totton, Eling and surrounding areas due to environmental threats and wellbeing.			
In the morning attendees heard from six speakers with a range of backgrounds and perspectives. In the afternoon three groups were set the task of solving a question with discussions around Wellbeing, environmental issues and how to involve more people in solving these issues.			
Points made and potential actions from Speakers and Discussion groups			
Session 1: Speakers			
	Discussion Points from Presentations	Potential Actions needed	Other organisations already involved or to contact
Lord Montagu Beaulieu Estate and Beaulieu Attractions	Potential for cars powered by less impactful energy sources. Countryside Education Trust	Consider possibilities for low/no carbon alternative transport	TETC Countryside Education Trust
Alison Barnes CEO New Forest National Park Authority	Totton and Waterside's relationship with New Forest through the Partnership Plan How valuable and biodiverse a space the New Forest is.	Discuss possibilities for joint projects with NPA.	Friends of Bartley Park NPA representatives on the Town and District Councils NPA Quarter meetings New Forest Green Groups via Maria Court

In 2025 it was decided that a more formal group structure would help Boost to achieve our goals. Our inaugural AGM was held in April 2025.

The Boost Committee 2025/26

Chairperson – Amy Hardingson

Secretary – Adrian Liddiard

Treasurer – Trevor Amos

Schools Liaison – Rhys Jones

Wildlife Corridor Liaison – Graham Norman

Psychological Support Officer – Doris Prugel-Bennet

Cultural Events Co-ordinator – Doris Prugel-Bennet

Boost Core Values

1. Boost is about connecting people together who are already working on green projects in the town to share information and resources.
2. Boost is about supporting and signposting organisations and individuals who want to begin their journey or try something ambitious.
3. Boost is about raising awareness and bringing climate change conversations and advocacy to Totton.
4. Boost is about giving people a space to learn about and process the climate emergency, and how to become more resilient (physically and emotionally).
5. Boost is about fostering and creating active hope. It's about making it normal to talk about the realities of the climate crisis across all walks of life. It's about helping to create a new narrative in Totton & New Forest culture.

Boost Yearly aims 2025/26

- Accessible events to bring climate change conversations to new people in Totton, focusing on useful skills and having fun.
- Releasing a sustainable swaps newsletter that helps local people to know where to shop for greener options.
- Supporting schools – connecting school eco leads with each other, signposting, and supporting their projects, providing ideas for projects, offering holistic support.
- Annual local green leaders connection meeting (a chance to specifically invite non-Boost members who are doing good work, hearing what everyone is up to, see what support or resources people need and signpost/connect).
- Hosting at least one climate café in Totton – a space for processing grief, anger, fear.

The following meeting schedule is publicly available in noticeboards, community centres and venues across Totton and Eling.



Meeting and events schedule 2025/2026

October

Sunday 19th 1pm Guided Walk at Testwood Lakes. Meet in the car park at 12.45pm. Free event, drop in. Walk lasts approx 1 hour. All ages welcome.

Tuesday 21st 1.30pm School Eco meeting at Testwood School for Climate Lead Teachers. Contact rhjones@testwoodschoool.co.uk for details.

November

Monday 3rd 8pm Green Groups Meeting + wilding workshop at West Totton Community Centre (community room). Contact amyhardingson@gmail.com for details.

Wednesday 17th Online Climate Cafe. Contact climateeling@gmail.com for details/link.

December

Monday 8th 7.45pm Boost Committee meeting (wilding plan drafting) at The Anchor pub.

January

Monday 12th 7.45pm Boost Committee meeting (green corridor publicity) at The Anchor.

February

Saturday 7th 1pm Guerrilla Gardening. Contact amazingadie@protonmail.com for details.

March

Sunday 29th 1pm-4pm EcoBricks making workshop at Totton Creative Hub (Fluid Motion). All ages. Free to attend. Details and book your place via Eventbrite.

April

Totton Waterways guided walk & sample collection for Great UK Water Blitz. Email climateeling@gmail.com for details

May

Monday 18th 7.45pm Boost AGM at West Totton Community Centre (community room)

For more general information about Boost (a grassroots climate action group for Totton and Eling) contact our 2025/26 chair Amy Hardingson amyhardingson@gmail.com

